



VALLOMBROSACENTER

Before You Leave Home

Location

The Vallombrosa Center, owned and operated by the Archdiocese of San Francisco, is located 18 miles from the San Francisco International Airport and is a short walk from the Menlo Park Caltrain Station and downtown Menlo Park. Vallombrosa is a 5 minute drive to Stanford University and the Stanford Shopping Center. Vallombrosa provides a peaceful naturally beautiful environment with many quiet areas for prayer and meditation.

Accommodations

Each room has a private bathroom, closet and controllable heater. Vallombrosa provides linens, towels, and liquid body soap in each room. **Retreatants should bring their own hair dryer, alarm clock, and any other personal hygiene items.** There are no phones in the rooms but there are several phones located at the end of each wing for use in case of emergencies. **Dietary Needs:** We are happy to accommodate special diets. Please inform Vallombrosa or the retreat coordinator of any special diet restrictions.

Computer/Internet

Vallombrosa has free WiFi access in all the buildings and most places on the grounds. In the Lobby of the Administration building you may use the public laptop, free of charge, with wireless internet access and printing.

Cell Phones

To ensure a quiet retreat atmosphere for all of our guests we ask that all cell phones be turned to silent while at Vallombrosa. Please step to the back parking lot if you need to make or receive calls.

Front Desk

The front desk is open from 7am to 11pm daily. In case of emergency after hours there is always a staff person available who can be reached by using the phones provided on each of the residential buildings.

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