



## VALLOMBROSACENTER

# Before You Leave Home

### Location

The Vallombrosa Center, owned and operated by the Archdiocese of San Francisco, is located 18 miles from the San Francisco International Airport, 19 miles from the San Jose International Airport, and a short walk from the Menlo Park Caltrain Station and downtown Menlo Park. Vallombrosa is a 5 minute drive to Stanford University and the Stanford Shopping Center. Though located in a major metropolitan area, Vallombrosa's ten-acre site provides a peaceful environment, with many quiet areas for prayer and meditation.

### Accommodation

**Bedrooms:** The residential facilities consist of 20 rooms with single twin beds in the Lourdes Court near the "Old Mansion," and 40 rooms with two twin beds in the Saint Francis and Saint Teresa wings located near the administration building. Each room has a private bathroom, closet and controllable heater. Vallombrosa provides bed linens, towels, and liquid body soap in each room. Guests should bring their own hair dryer, alarm clock, and any other personal hygiene items. There are no phones in the rooms.

**Dietary Needs:** We are happy to accommodate special diets. Please inform Vallombrosa or the retreat coordinator of any special diet restrictions.

### Computer/Internet Access

Vallombrosa has free WiFi access in all the buildings and most places on the grounds. Guests may use the public laptop in the Lobby of the administration building, free of charge, with wireless internet access and printing.

### Business Services

The administration building has a copy machine, printer, and fax machine for guests to use while on retreat. The copy machine has single and double-sided printing capabilities. Copying and printing is \$.20/side and faxing is \$2.00/page.

### Cell Phones

To ensure a quiet retreat atmosphere for all of our guests we ask that all cell phones be on "silent" while at Vallombrosa. Please step to the back parking lot if you need to make or receive calls.

### Front Desk

The front desk is open from 7am to 11pm daily. In case of emergency after hours there is always a staff person available who can be reached by using the phones provided on each of the residential building.

### Bookstore

The bookstore and gift shop is located in the administration building, just before the dining room doors.